OUR HISTORY

Trinity Rehab was founded in 2001 on the belief there was a better way to help patients achieve their goals and return to the activities they love. This belief became the foundation on which Trinity Rehab was built and remains the cornerstone of our company culture.

OUR MISSION

To deliver the highest quality healthcare service in a sincere and respectful way while capturing the personal and human element of each visit.

OUR PLEDGE OF EXCELLENCE

At Trinity Rehab, our commitment is to provide the highest level of care by custom-designing your program to meet your specific needs and goals.

As a patient, we pledge to give you:

- An in-depth examination to pinpoint the root cause of your issue
- A precise, closely monitored treatment plan to address your specific needs
- Highly trained, experienced therapists who will listen to you

COMMON CONDITIONS, INJURIES & DISORDERS

- Back and Neck Pain
- Osteoarthritis
- Soft Tissue Injuries
- Foot and Heel Disorders
- · Post-Surgical Rehab
- Sports Rehab
- Auto Accidents
- Worker's Compensation
- Neuromuscular Disorders

Trinity Rehab clinicians have experience treating well-known and less common musculoskeletal and neurologic disorders including those that may not be listed here. To discuss your specific diagnosis or issues, please contact the location nearest you to speak with one of our Doctors of Physical Therapy.





To schedule a visit at one of our convenient locations, contact:

800.518.0977 • Trinity-Rehab.com



PHYSICAL THERAPY











HIGHLY TRAINED THERAPISTS

At Trinity Rehab, our expert physical therapists are committed to delivering the highest quality of care by custom-designing a program to meet your specific needs and goals. From initial exam through graduation day, we work with you as a team to develop and closely monitor the personalized treatment plan to individually address your injuries or conditions.

CUTTING EDGE TECHNOLOGY

Where Technology Meets Experience for Fast, Long-Lasting Results

Trinity Rehab offers the most innovative technology and techniques in the field to get faster results, including EPAT, AlterG, IASTM, Kinesiology Taping and additional therapies.

EXCLUSIVE EPAT® SYSTEM

Accelerated Healing
No downtime • No anesthesia
No Risk of Infection

- Non-Invasive FDA Approved
- Relieve pain and improve mobility in 3 Treatments
- · Break down scar tissue
- Ideal for a broad range of musculoskeletal conditions





ALTER G ANTIGRAVITY TREADMILL®

Run, Walk and Exercise Little to No Pain • No Risk of Falling No Injury/Reinjury

- Developed by NASA
- Reduce Body Weight to Lessen Stress, Strain and Pain
- · Ideal for rehabilitation and training



800.518.0977

KINESIOLOGY TAPING

Taping That Moves With You

- Reduce pain and swelling
- Facilitate muscle contraction
- Improve stability without bracing

IASTM TECHNIQUE

Instrument Assisted
Soft Tissue Mobilization

- Lessen pain
- Improve scar tissue movement
- Increase range of motion and function

ADDITIONAL THERAPIES

- McKenzie Method
- Myofascial and Manual Therapy
- Suspension System Training
- Pneumatic Traction
- Infrared and Laser



Trinity-Rehab.com